

22 August to 03 October 2010

BodyHoliday Solos

St Lucia



BodyHoliday Solo Events will run from 22 August until the 03 October 2010

All guests staying in Single Garden rooms (*or paying for single occupancy in a double room) will have the option of joining the dedicated features of the programme.

Prices from £1545 based on a 7 night package. Flights are available 5 days per week. Please ask for further details.

The BodyHoliday Solos programme offers the normal all-inclusive package:

- ✦ Personalised schedule of daily spa treatments
- ✦ All watersports and land sports including tuition
- ✦ All holistic and exercise classes

In addition there will be:

- ✦ A weekly Coubaril Valley Champagne concert
- ✦ Hosted cocktail happy hour in the piano bar each evening to introduce the BodyHoliday guests to one another
- ✦ A weekly hosted dinner in Caribblue
- ✦ A weekly hosted dinner in TAO
- ✦ Master classes
- ✦ Fun sports tournaments
- ✦ Dedicated group fitness class
- ✦ Dedicated pilates class
- ✦ Weekly sunset cruise
(subject to weather condition)
- ✦ Zip line tour
(extra charge applies)

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