



PRICES FROM £1895



St Lucia

BODYHOLIDAY
7, 10 & 14 NIGHTS ALL-INCLUSIVE



FLEXIBLE STAYS AVAILABLE



ADULT ONLY

The Hotel

- 155 rooms
- Wellness Centre
- Ayurvedic Temple
- 4 restaurants
- 3 bars
- Infinity pool, freeform pool & holistic pool
- Golf Academy
- Watersports centre
- Sailing Academy
- Floodlit tennis court
- Skin Clinic
- New Beauty Salon
- New Treehouse Studio
- Body Science Clinic

The Rooms

- 29 Standard Garden view rooms with king size bed
- Air-conditioning
- Hair dryer
- Robe and beach towel
- Mini-fridge
- Free WiFi
- Bluetooth system

Price match guarantee
Friendship Travel guarantees to price match any other travel companies holiday packages for this resort. T&Cs apply, ask for full details.

Over 30 years, this amazing resort has rightly gained a worldwide reputation for its holistic approach to relaxation and through constant re-investment gets better every year! BodyHoliday was one of the first hotels to recognise the needs of single travellers: we have been a partner for many years and cannot recommend it highly enough!

With fabulous beaches, volcanic twin peaks – the Pitons – and a tropical rainforest, St Lucia comes pretty close to heaven on earth. And while it might be hard to tear yourself away from BodyHoliday’s idyllic setting and fabulous facilities, a day trip or two, perhaps to Diamond Falls or the drive-in volcano, is well worth the effort.

The hotel boasts up to 5 superb restaurants operating (in season). They each offer a different menu and service style and include the recently re-vamped Tao and the Deli.

From the Watersports centre, the activities teams offer instruction and equipment for a host of sports on and in the water, as well as on land, while the Wellness Centre gives every guest an initial assessment which forms the basis for a personal programme. The BodyHoliday approach is holistic and their well-known mantra is ‘Give us your body for a week, and we’ll give you back your mind’.

And remember, one of the best things about BodyHoliday is that every day includes a complimentary Spa session with 12 to choose from, tailored to your needs.

As far as creature comforts are concerned, you’re spoiled rotten!

The 29 designated Standard Single rooms are spacious, with a king-sized bed, marble bathroom and air-con. The decor is cool and sophisticated with tropical accents. Each room also has a mini-fridge.

The all-inclusive package means that, as well as breakfast, lunch and dinner each day, all soft and alcoholic drinks – including premium brands and champagne – are included. You can even take afternoon tea if you fancy a snack. As you’d expect, the food is fresh and delicious with plenty of healthy options as well as guilty pleasures.

As well as all the daytime activities, there’s something happening every evening, from welcome cocktails to beach barbecues.

The Clubhouse is the main bar, where much of the nightly entertainment takes place and there is also a piano bar which is open until the last guest leaves.

We offer year-round flexible departures to BodyHoliday, which has a worldwide reputation for looking after single travellers and was one of the first Caribbean resorts to build designated single rooms. We cannot guarantee the company of other Friendship Travel guests on your dates but you can expect to meet single travellers from all over the world during the day and especially at dinner, when BodyHoliday staff host tables for eight exclusively for single guests.

BodyHoliday permits kids 12+ at Christmas, Easter and high summer, but the rest of the year operates an adults-only policy (16+). Finally, as well as trips to Soufriere, the falls and volcano, other optional excursions include horseback riding, a dolphin and whale watch cruise and various catamaran trips.

CALL US FOR FULL DETAILS OF OFFERS

What's included

Transfers from/to
Hewanorra airport
(approx 90 mins)

Spacious Garden View
Single Room

Comprehensive
all-inclusive plan with
all meals and drinks
throughout your stay
(some dishes in selected
restaurants at a
supplement)

All activities, equipment
and instruction (1:1
instruction at a charge)

One personal training
session

A 50-minute Spa
treatment each full day of
your stay

Hosted by BodyHoliday
team

Resort Staff at your
disposal throughout

ATOL-bonded flights from
Gatwick only

See our website for details
of special Solos Events
throughout September, or
about Yoga and Dance
themed months.



Prices in £ sterling including flights start from

We offer flexible holidays, departing any day for any length of stay (subject to flight/hotel availability). Call us for the best prices and latest special offers: we have partnered with BodyHoliday for many years and our packages for single travellers are outstanding value, from £1895 in summer (low season) and from £4095 in winter (high season).

Book early for lowest price: flight costs can increase

•Quality hotel, all
very friendly. Fab
spa and activities
of every type.Ž
Charles