

Short Breaks

Friendship Travel's festive breaks and weekends away are legendary! They are ideal for first-time single travellers and a popular option for returners who can get together with people they've met on longer holidays.

Spa Break in Essex



GLASS HOUSE RETREAT ****

2 NIGHTS

Holiday & area This health and fitness retreat is set amongst seven acres of lush Essex countryside, less than an hour away from central London. Whether you want to detox from the daily grind with a choice of spa treatments and holistic studio or take it up a notch in the fitness studio and fully loaded gym, this retreat has it all covered.

Hotel & room Start your journey to wellness at the Glass House Retreat. Find top fitness facilities and classes, spa treatments and plant-based nutrition all in one place, giving you a healthier, fitter and more in-tune way of being. Facilities available include heated pool, sauna, steam room, outdoor wellness dome, natural swimming pond and a warming Finnish sauna.



2 NIGHT PRICE FROM £560

SHORT BREAK

Larger hotel

Facts

- ✓ Dinner from first night to breakfast on last day
- ✓ £60 credit towards spa treatment
- ✓ Friendship Travel Host

Dates

- ✓ 15 Mar, 9 Jun & 20 Sep 2024

